

Life in a Lockdown; Spencer Knight

By Spencer's Mum

Spencer was born 10 weeks early alongside his identical twin, Ellis. Spencer was diagnosed with Spastic Diplegia Cerebral Palsy as a result of his prematurity. Spencer is unable to walk or stand unaided but can crawl and uses his walker to move around. Usually, our diary would be full of appointments with physiotherapy, occupational therapy, orthotics, orthopaedics, ophthalmology and many more but, everything came to a stand-still during the Covid-19 lockdown including all medical intervention for Spencer. We feared Spencer's hard work, determination and current independence would deteriorate without the intervention from external medical experts.

Luckily, Spencer has been attending the NICE Milestone Club since he was about 20 months old. NICE continued to

offer their expertise via online Zoom sessions which Spencer attended throughout the whole of lockdown, weekly. The staff were able to offer consistency to our home routine, fun and songs, a familiar face and their opinions on how we could progress Spencer with the equipment we had available in our home. Not only that, the staff at NICE kindly loaned equipment to us to help support Spencer's needs.

We are eternally grateful for the continued support NICE offer Spencer and our family. Spencer now attends the nursery at NICE and it is safe to say he adores it. He walks in smiling and does not look back.

Thanks again to all the staff at NICE.



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