

Amirah's Story

Amirah was born 12 weeks premature. She then spent 12 weeks in hospital, along with her twin sister Aminah. After coming home, we discovered that Amirah was not as active as her sister. After an MRI scan, it was revealed that Amirah had a bleed on the brain that affected movement on the left side of her body. She was diagnosed with quadriplegia cerebral palsy.

Amirah had a great caseworker named Helenette. With cutbacks in services, she did her best to support Amirah with the resources she had and put us through to NICE - Centre for Movement Disorders. The team at NICE were very responsive and helpful from our initial enquiry and gave us hope for Amirah's future.

When Amirah arrived at NICE for the initial consultation the conductors understood her needs, and as parents we were happy that Amirah was in great

hands. The conductors worked on Amirah's weaknesses and made her believe that she could do it a lot more than her brain was telling her

During her time at NICE, the conductors and ourselves have seen significant developments in her movements. With the one-to-one support Amirah has received and the patience from the conductive team, we have seen her develop self-belief with a can-do attitude.

She enjoys her time at her sessions and gets on well with her peers, all are involved in her progress.

NICE has given us hope for Amirah's future, with the skills and hard work from the conductors, we have been able to see the progress that will hopefully give Amirah a better life in the future. Thank you everyone at NICE.



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