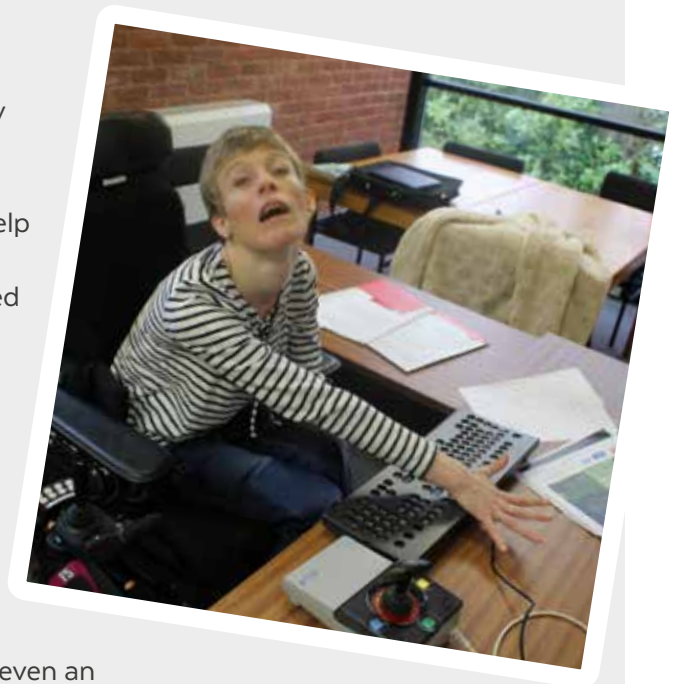


Esther's Story

My name is Esther Baston, and I volunteer for NICE Centre for Movement Disorders. The reason for me wanting to become a volunteer was because I have completed my BA Degree in Tourism and Business Management. After I finished my university studies, I tried to get into employment but this was difficult to achieve because I have cerebral palsy and this affects my movement and speech.

I was one of the first British children to attend the Peto Institute in Hungary, where Conductive Education began and my mother took me aged three years old in 1987. This was a tough period for my family, because they didn't really know what my capabilities were and what understanding levels I had. However, after a short period of time I was starting to develop, such as by pushing myself up onto my knees and improving my self-care skills.

I love volunteering at NICE every Wednesday because I work with the Fundraising and Marketing Team and help to make a difference. I am able to get involved in planning a different variety of fundraising events and I enjoy approaching a range of organisations, such as leisure companies, from all over the UK, to try to encourage them to get involved by donating a raffle or even an auction prize, for the calendar of fundraising events we organise throughout the year.



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