

Mary's Story

Mary was diagnosed with spastic cerebral palsy at 7 months old and it was at this stage that her mum began researching suitable interventions to help Mary and discovered Conductive Education. There was a centre nearby in Cardiff but this only helped children over 3 years old, so Mary, then aged 10 months, began her weekly 200 mile round journey to the NICE - Centre for Movement Disorders in Birmingham, which helps children under 3 in its free parent and child service.

At 10 months old, Mary could not sit or crawl and her family were very concerned about her future development. Neither would she touch anything, which severely hampered her ability to discover and learn about her environment.

Conductive Education has turned Mary's life and that of her family around completely. At 18 months, she began to crawl and at 2 and half years old, she took her first steps. Mary is now 3 and a half and walking confidently, without any help.

After 5 years of being supported by the charity, Mary has now learnt the life skills required to attend mainstream school full time, a day her family thought would never come.

Mary's mum knows that there is no stopping Mary's development thanks to Conductive Education!



“Coming to Conductive Education has been the single most important influence on Mary's development. It has had a massive impact on not only her life but our family life as well.”

Mary's Mum

